



## Endometriosis Protocol

### **Prescribed Meds:**

- Δ **A/B O Ear Drops:** 3-4 drops in each ear 2 times a day
- Δ **Trezix:** 1 pill every 12 hours for 7 days for pain
- Δ **Anaprox DS:** 1 pill 2 times a day for 7 days. One week per month
- Δ **Taytulla:** 1 pill every day continuously
- Δ **Mag Oxide:** 400 mg 1 pill 2 times a day
- Δ **Effexor:** 75 mg 1 pill every day
- Δ **Aygestin:** 5 mg 1 pill every day

### **PCO:**

- Δ **Prometrium:** 100 mg 1 pill 2 times a day for 14 days. After ovulation
- or
- Δ **Progesterone Cream:** 20 mg 1 pill every day for 14 days. After ovulation
- Δ **Lupron**
- Δ **Danazol**

### **Over the counter Medicine:**

- Δ **N-Acetylcysteine 900 mg:** 1 pill 2 times a day for 3 days (Same 3 days every month)
- Δ **Natto Kinase 2000 FUs:** 100 mg 2 pills every night
- Δ **Vitamin B6:** 50 mg 2 pills every day