

Care for Hidradenitis

Doxycycline 100mg

- Take twice daily for 14 days
- Then take once daily for 90 days

Bleach Bath

• Soak in tub with $\frac{1}{2}$ cup of bleach added to $\frac{1}{3}$ tub of water twice weekly (sitz bath)

Clindamycin lotion 1%

• Apply twice daily for 7 days to the affected area

Hibiclens

• Wash area every 2 days to the affected area

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